

Healing ChoicesSM Vendors

Earn Fitness FirstSM & More reimbursement using these vendors.

Healing ChoicesSM Vendors

The businesses' services and goods are reimbursable through our Fitness FirstSM & More program.

For more details about the Fitness First & More program, go to unityhealth.com/fitnessfirstandmore

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<i>Massage Therapy & Acupuncture</i>		
<i>Vendor</i>	<i>Location</i>	<i>Online</i>
Ahh-mazing Massage LLC	233 E. Main Street Reedsburg, WI 53959 815.623.8900	ahhmazingmassage.massagetherapy.com/
A Better Body Massage <i>Massage Therapy</i>	6417 Odana Road Suite 25 Madison, WI 53719 608.239.4828	https://www.facebook.com/Betterbodymassage
A Glo Spa & Salon <i>Massage</i>	3023 Milton Ave., Suite 161 Janesville, WI 53545 608.741.7848	
Acupuncture Works <i>Acupuncture</i>	2702 Monroe St. Madison, WI 53711 Amy P. Crikelair, M.Ac.C.A. 608.250.2536	acu-works.com
Advance PT & Sports Rehab <i>Massage Therapy</i>	1626 North Spring Street Suite B Beaver Dam, WI 53916 920.356.0122	karren.ko@advanceptsports.com
Atlas Massage, LLC <i>Massage Therapy</i>	715 Hill Street # 242 Madison, WI 53705 608.220.5653	atlasmassage.llc@gmail.com
Aspire Bodywork <i>Massage Therapy</i>	201 N. Spring St. Beaver Dam, WI 53916 920.631.7070	www.aspirebodywork.com
Atwood Acupuncture Center, LLC * <i>Acupuncture</i>	111 South First Street Suite 170 Madison, WI 53704 608.256.5080	atwoodacupuncture.com
Bakke Chiropractic Clinic <i>Massage Therapy</i>	612 E. Main St Waunakee WI 53597 725 W. Main St Sun Prairie WI 53590 312 E North St DeForest WI 53532	bakkechiropractic.com
B.E. Hive Salon & Spa* <i>Massage Therapy</i>	123 E. Milwaukee Street Jefferson, WI 53549 920.674.2341	behivehairsalon.com
Beijing Acupuncture & Chinese Herbal Medicines <i>Acupuncture</i>	6255 University Ave. Suite 202 Middleton, WI 53562 608.238.3333	
Blossoming Soul Massage, LLC* <i>Massage Therapy</i>	3205 East Washington Avenue Madison, WI 53704 608.222.2700 608.397.9559	
Body Solace Massage <i>Therapeutic Massage</i>	1605 Losey Blvd La Crosse, WI 54601 507.429.0699	www.messagebook.com/La_crosse~Massage~BodySolace
Bohemian Bodywork <i>Massage Therapy</i>	301 S. Bedford St., Suite 213 Madison, WI 53703 608.628.5419	www.bohemianbodywork.com

<i>Massage Therapy & Acupuncture</i>		
<i>Vendor</i>	<i>Location</i>	<i>Online</i>
Brilliant Bodywork <i>Massage Therapy</i>	314 Main Street Onalaska, WI 54650 608.783.8380	www.brilliantbodywork.com
Capital Acupuncture and Therapeutic Massage <i>Acupuncture & Therapeutic Massage</i>	Capital Acupuncture and Therapeutic Massage* 4510 Regent Street, Suite C Madison, WI 53705 608.999.0728	capitalacupunctureandmassage.com
Cara Kowalski, LMT <i>Massage Therapy</i>	6401 Odana Road Suite 14 Madison, WI 53719 608.513.5633	carakowalski.com
Centre for Health & Well Being <i>Massage</i>	2842 Trail View Drive Verona, WI 53593 Diane Kahler 608.845.5647	softtissuehealth@aol.com
Chi's Acupuncture & Tui Na Center <i>Acupuncture</i>	1 Odana Rd Madison, WI 53719 4441 Woodgate Drive Janesville, WI 53546 608.661.8866 608.770.5334	chi-acupuncture-tuina.20m.com
Create Thrive Grow <i>Massage Therapy</i>	5055 Marathon Drive Madison, WI 53705 608.233.8569	www.CreateThriveGrow.com
Creative Touch Bodyworks, LLC <i>Massage Therapy</i>	4915 Farwell Street, McFarland, WI 53558 608.877.2850	
Dane County Family Acupuncture <i>Acupuncture</i>	6041 Monona Drive Suite 101 Monona, WI 53716 608.222.0250	
DelicateEssence <i>Massage Therapy</i>	1027 Chandler St Madison WI 53715 608.215.4119	DelicateEssence.abmp.com raonine@gmail.com
Dr. Susan Padberg, Medical Acupuncture, LLC <i>Acupuncture</i>	1729 Heim Ave. Madison, WI 53705 608.204.7410	padbergacupuncture.com
Dr. Wang's Acupuncture Clinic <i>Acupuncture</i>	5950 Seminole Centre Court Suite 145 Fitchburg, WI 53711 608.957.9677	wanghacu@gmail.com
Dr. Zhou's Acupuncture & Pain Management Clinic <i>Acupuncture and Massage</i>	6425 Normandy Lane, Madison, WI 53719 608.236.9000	herbalpalace.com
Dow Chiropractic & Acupuncture <i>Acupuncture and Massage Therapy</i>	615 N. Sherman Ave Suite 22 Madison, WI 53704 608.233.3588	dowchiropractic.com

<i>Massage Therapy & Acupuncture</i>		
<i>Vendor</i>	<i>Location</i>	<i>Online</i>
East-West Healing Arts Institute <i>Massage Therapy</i>	6425 Normandy Lane Madison, WI 53719 608.240.1600	acupressureschool.com
Elevation Salon & Spa <i>Acupuncture & Massage Therapy</i>	15 N Butler St Madison, WI 53703 608-661-3636	elevationspa.net/
Elements Massage <i>Massage Therapy</i>	1950 Cayuga St. Middleton, WI 53562 608.669.2584	elementsmassage.com/middletonwi
Elements Massage of Sun Prairie <i>Massage Therapy</i>	The Shoppes at Prairie Lakes 2804 Prairie Lakes Drive, Suite 102 Sun Prairie, WI 53590 (608) 834-0214	elementsmassage.com/sun-prairie
Escential Massage <i>Massage Therapy</i>	Lower level of Frank Lloyd Wright Bldg at 6720 Frank Lloyd Wright, Madison, WI 53562 608.712.5077	yourscentialmassage.com
Family Clinic of Natural Medicine <i>Acupuncture</i>	4710 E Broadway Suite 190 Madison WI 53716 608.222.2700	familynaturalmedicine.com
First Sun Studio <i>Zero Balancing and Massage</i>	3720 9th Drive, Wisconsin Dells, WI 53965 608.254.6022	
Fond du Lac Acupuncture Clinic LLC <i>Acupuncture</i>	885 Western Ave Suite 500 Fond du Lac, WI 54935 920.602.7915	www.fonddulacacupuncture.com
Genesis Wellness <i>Massage Therapy</i>	550 Sunrise Drive, Suite 108 Spring Green, WI 53588 608.438.8798	
Gentle Tiger Acupuncture LLC <i>Acupuncture</i>	6629 University Ave. Suite 101 Middleton, WI 53562 608.831.8160	
Gently Down the Stream <i>Acupuncture</i>	835 Wisconsin Avenue Boscobel, WI 53805 And at 219 W. Maple Street Lancaster, WI 53813 715.969.9255	munimumm@spacestar.net
Grandmother Moon Clinic <i>Acupuncture</i>	608 Water Street Prairie du Sac, WI 53578 & 600 Highland Avenue Madison, WI 53792 608.588.4464	
Hands With Heart Massage and Bodywork <i>Massage</i>	222 N. Midvale Blvd. Madison, WI 53705 608.393.3353	

<i>Massage Therapy & Acupuncture</i>		
<i>Vendor</i>	<i>Location</i>	<i>Online</i>
Harmony Acupuncture & Herbal Medicine <i>Acupuncture</i>	3240 University Ave. # 3B Madison, WI 53705 608-204-0101	
Healing Point <i>Acupuncture, Herbal Medicine, Diet and Nutrition Counseling</i>	6320 Monona Dr Suite 207 Monona, WI 53716 608.225.7195	healingpoint-acu.com
Healthy Effects Therapeutic Massage <i>Massage Therapy</i>	233 E. Main Street Reedsburg, WI 53959	healthyeffects.massagetherapy.com/
Healthy Prelude, LLC <i>Therapeutic Massage Therapy</i>	W9833 Scandinavia Lane Elroy, WI 53929 608.462.4010	harmonyacupuncturemadison.com
Indulge Spa, LLC <i>Massage Therapy</i>	4339 East Towne Way Madison, WI 53704 608.249.7047	indulgespa.net
Integration Bodywork <i>Massage Therapy</i>	715 Hill St. Suite 112 Madison, WI 53705 608.535.1154	www.integrationbodywork.net
Isthmus Wellness, LLC <i>Acupuncture & Massage</i>	515 Junction Road, Suite 2300, Madison, WI 53717 608.441.9355 Text for appointment: 608.598.9516	www.isthmuswellness.com
Jude Christensen, LMT <i>Massage</i>	210 S. Water Street Watertown, WI 53094 262.203.0230	gentlejude@me.com
Juno Wellness LLC <i>Massage and Acupuncture</i>	6904 University Avenue Middleton, WI 53562 608.234.8667	www.junowellnesscenter.com
Katherine O'Rourke, Acupuncture <i>Acupuncture</i>	Gundersen St. Joseph's Hospital and Clinics 400 Water Ave Hillsboro, WI 54634 608.489.8106	www.gundersenhealth.org/services/alternative-integrative-medicine/
Laura Novak Massage <i>Massage Therapy</i>	2626 Park Place, Madison, WI 53705 715.379.1797	lauranovakmassage.com lauranovakmassage@gmail.com
Life Kneads Massage <i>Massage Therapy</i>	2711 Allen Blvd Middleton, WI 53562 608.831.8118	tina@lifekneads.com
Lighthouse Healing Massage Therapy, LLC <i>Massage Therapy</i>	6441 Enterprise Lane Suite 212B Madison, WI 53719 608.216.6761	lighthousehealing.com
Lilly Love ~ <i>Family Massage Therapy</i>	Jennifer Henze, LMT 511 Madison Avenue Fort Atkinson, WI 53538 262.473.9982	Lillylovehealth@gmail.com
Lisa Tiedt Therapeutic Massage <i>Massage Therapy</i>	2158 Atwood Ave. Suite 205 Madison, WI 53704 608.669.5363	

<i>Massage Therapy & Acupuncture</i>		
<i>Vendor</i>	<i>Location</i>	<i>Online</i>
Lori Terrill, LMT <i>Massage Services</i>	624 Isadore Street Stevens Point, WI 54481 715.204.0146 715.342.9355	lori@wifamilywellness.com
Madison Acupuncture & Complementary Medicine <i>Acupuncture</i>	6402 Odana Road Madison, WI 53719 608.467.9711	MadisonAcupunctureMedicine.com
Madison Area Massage, LLC <i>Massage Therapy</i>	110 Georgiana Circle Madison, WI 53716 608.334.9125	
Madison Physical Therapy and Consulting, LLC <i>Massage Therapy</i>	1605 Monroe Street, Suite C Madison, WI 53711 608.957.7088	madisonptandconsulting.com
Mary Root, Massage Therapist <i>Therapeutic Massage</i>	104 Sunset Avenue Soldiers Grove, WI 54655 608.624.5944	
Massage For You <i>Massage Therapy</i>	1940 Cayuga Street Middleton, WI 53562 608.658.4329	massageforyou.com massageforu2010@live.com
Massage Therapy at Mile Bluff Medical Center <i>Massage Therapy</i>	1050 Division Street Mauston, WI 53948 608.847.1422	www.milebluff.com/services/rehabilitation/massage-therapy.html
Massahhge, LLC <i>Relaxation & Therapeutic Massage</i>	4905 Ascot Lane #3 Madison, WI 53711 Carol Ann Smith, BA, CMT, Nationally Certified Massage Therapist 608.338.1532	carol_massahhge@yahoo.com
Menomonee Falls Acupuncture Clinic LLC <i>Acupuncture</i>	N79 W14700 Appleton Avenue Menomonee Falls, WI 53051 920.602.7915	acuwebb@yahoo.com
Michael's Hands LLC <i>Massage Therapy</i>	Salons For You 817 Phillips Blvd, Sauk City, WI 53583 Sport and Spine Clinic 944 Water St. Sauk City, WI53583 608.583.2393 608.604.5028	amtamembers.com/michaelshands
Myofascial Therapy <i>Massage</i>	801 North Main Street Lodi, WI 53555 608.592.7861	www.stephaniemanleylmt.com
Myota Massage and Wellness <i>Massage Therapy</i>	2712 Marshall Court Suite 6 Madison, WI 53705 608.279.2816	myota.weebly.com myotamassage@gmail.com
Natural Balance Massage Therapy <i>Massage Therapy</i>	506 Crocker Street Mazomanie, WI 53560 608.444.6843	naturalbalance.abmp.com/

<i>Massage Therapy & Acupuncture</i>		
<i>Vendor</i>	<i>Location</i>	<i>Online</i>
New Self Renewal Center <i>Massage Therapy</i>	6300 Enterprise Lane, Madison, WI 53719 608.310.6775 608.630.1568	newsselfrenewal.com
Nichole's Massage – Wellness Within <i>Massage Therapy</i>	113 S. Main Street Suite 101 Lodi, WI 53555 608.206.0356	
Oasis Day Spa <i>Massage</i>	8016 Watts Road Madison, WI 53719 608.828.9470	oasisdayspamadison.com
Origins Acupuncture and Wellness <i>Acupuncture</i>	608 Water Street Prairie du Sac, WI 53578 and 1861 Springdale St Mt Horeb, WI 53572 608.301.5799	www.originsacu.com
Peak Performance Massage <i>Massage</i>	6502 Grand Teton Plaza Suite 101 Madison, WI 53719 608.770.2081	ppmassage.com
Prosperity Acupuncture <i>Acupuncture</i>	715 Hill Street Suite 230 Madison, WI 53705 608.288.1240	prosperityacupuncture@gmail.com
Reach for the Sky Thai Bodywork and Massage <i>Massage Therapy</i>	604 Crandall St. Madison, WI 53711 608.238.2444	
Reedsburg Area Medical Center Massage Therapy	2000 N. Dewey Avenue Reedsburg, WI 53959 608.768.6120	ramchealth.com/our-services/massage
Reedsburg Area Therapeutic Spa <i>Massage Therapy</i>	1104 21st St., Suite D Reedsburg, WI 53959 608.768.7287	www.reedsburgspa.com
Rejuvenation Spa <i>Massage</i>	7420 Mineral Point Road Madison, WI 53717 608.831.SKIN (7546)	rejuvenationspa.net
ReLeaf Bodywork Therapy LLC <i>Massage Therapy</i>	330 South Whitney Way #111 Madison, WI 53705 608.957.1816	www.ReLeafBodywork.com
Renew You, LLC <i>Massage Therapy</i>	411 Prairie Heights Drive Verona, WI 53593 608.770.7116	www.renew-you.org
Renu Massage & Day Spa <i>Massage Therapy</i>	6417 Normandy Lane, Suite 208 Madison, WI 53703 608.438.5342	renumadison.com
Resolution Therapeutic Massage, LLC <i>Massage Therapy</i>	433 West Washington Avenue Madison, WI 53703 608.443.7048	www.resolutionmassage.com andrea@resolutionmassage.com

<i>Massage Therapy & Acupuncture</i>		
<i>Vendor</i>	<i>Location</i>	<i>Online</i>
Restorative Massage LLC <i>Massage Therapy</i>	4705 Dale-Curtain Dr McFarland, WI 53558	restorativemassage.com/
River City Chiropractic <i>Massage Therapy</i>	577 Braund Street Onalaska, WI, 54650 608-406-2488	rcchiropractors.com/
River Rock Massage, LLC <i>Massage Therapy</i>	Massage Therapy 412 Water Street Prairie du Sac, WI 53578 608.541.8743	www.riverrock-massage.com/the-studio
Roberts Therapeutic Massage <i>Massage Therapy</i>	154 McCrae Road, Fall River, WI 53932 608.697.1070	gandroberts@mags.net
RoJene Brown, CMT, LMT <i>Massage Therapy</i>	<i>Located within Luedtke Storm Mackey Chiropractic</i> 204 West Cottage Grove Road, Cottage Grove, WI 53527 608.839.1172 <i>Located within Luedtke Storm Mackey Chiropractic</i> 1633 West Main Street Sun Prairie, WI 608.837.7712 <i>Located within Columbus Community Hospital</i> 1515 Park Avenue, Columbus, WI 53925 920.623.6646	
Sacred Space Studio <i>Massage Services</i>	2158 Atwood Avenue Suite 207 Madison, WI 53704 860.941.2880	
Seventh Heaven Massage Studio <i>Massage Services</i>	5317 Old Middleton Rd. Suite 102 Madison, WI 53705 608.358.7242	info@massagetherapymadison.com
SolEscape Healing Arts <i>Massage Therapy and Acupuncture</i>	2007 Atwood Avenue Madison, WI 53704 608.216.9500	www.solescapehealingarts.com
Studio 262 Salon <i>Massage</i>	1620 Deming Way #104 Middleton, WI 53562 608.831.4500	studio262salon.com
Studio Z <i>Massage</i>	6025 Monona Drive Madison, WI 53716 608.221.7888	studiozmadison.com
Sundara Inn and Spa <i>Massage</i>	920 Canyon Road Wisconsin Dells, WI 53965 608.253.9200	sundaraspa.com
Synergy Massage and Wellness <i>Acupuncture and Massage Therapy</i>	615 N. Sherman Ave. Suite 22, Madison, WI 53704 608.233.3588	

<i>Massage Therapy & Acupuncture</i>		
<i>Vendor</i>	<i>Location</i>	<i>Online</i>
The Spa – Sun Prairie <i>Massage Therapy</i>	804 Liberty Blvd., #103 Sun Prairie, WI 53590 608.825.4772	general.thespa@gmail.com
Therapeutic Massage by Debra <i>Massage Therapy</i>	841 N. Gammon Road Unit F Madison, WI 53717 608.209.2439	
UW Health Massage & Acupressure Services <i>Massage & Acupressure</i>	125 Hospital Drive Watertown, WI 53098 920.262.4639	watertownregional.com/Main/HealthWellness.aspx
Unwind Therapeutic Massage <i>Massage Therapy</i>	6720 Frank Lloyd Wright Ave. Middleton, WI 53562 608.616.2727	madisonunwind.com
Verban Massage and Body Therapy <i>Massage Therapy</i>	700 Rayovac Drive #103 Madison, WI 53711 608.338.6259	verbanmassage.com
Vitality Massage and Bodywork LLC <i>Massage Therapy</i>	218 W Wisconsin St Portage, WI 53901	vmb.massagetherapy.com/
Vital Touch, LLC <i>Massage & Acupressure</i>	313 Price Place Suite 1 Madison, WI 53705 <i>Located near Hilldale Mall</i> 608.335.6777	amtamassage.org/famt/vitaltouch
Wellness to the People <i>Acupuncture & Massage Therapy</i>	2045 Atwood Ave. Suite 105 Madison, WI 53704 646.421.5533	www.facebook.com/wellnesstothepeople
West Bend Acupuncture <i>Acupuncture</i>	128 N. Main St Suite 201 West Bend, WI 53095 920.602.7915	
Zenergy Bodyworks <i>Massage Therapy</i>	3010 Dorchester Way Madison, WI 53719 608.577.2639	www.facebook.com/ZenergyBodyworks/