PREVENTIVE SERVICES COVERED UNDER THE AFFORDABLE CARE ACT

Under the Affordable Care Act, some preventive health care services are covered at no cost to you when delivered by a provider within your plan’s network. However, if a new or existing health problem is discussed during a preventive health care visit, a separate office visit will be billed as required by national coding and billing guidelines. This means that you may be subject to out-of-pocket charges (copay, coinsurance or deductible) for these additional services.

Quartz covers routine physical exams, routine gynecological exams, routine child health exams and immunizations related to the preventive services covered under the Affordable Care Act for covered children up to age 26.

COVERED PREVENTIVE SERVICES FOR ADULTS

- **Abdominal Aortic Aneurysm** one-time screening for men of specified ages who have ever smoked
- **Alcohol Misuse** screening and counseling
- **Aspirin** use to prevent cardiovascular disease for men and women of certain ages
- **Blood Pressure** screening for all adults
- **Blood Pressure** screening outside the clinical setting for adults age 40 or older
- **Cholesterol** screening for adults of certain ages or at higher risk
- **Colorectal Cancer** screening for adults over 50
- **Depression** screening for adults
- **Diabetes (Type 2)** screening for adults with high blood pressure
- **Diet** counseling for adults at higher risk for chronic disease
- **Falls Prevention** exercise or physical therapy and vitamin D supplementation to prevent falls in community-dwelling adults aged 65 yrs and older who are at increased risk for falls
- **Hepatitis B** screening for non-pregnant adults at high risk for infection
- **Hepatitis C** screening for adults at a higher risk and a one-time screening for all adults born 1945 through 1965
- **HIV** screening for everyone ages 15 to 65, and others at increased risk
- **Immunization** vaccines for adults—doses, recommended ages, and recommended populations vary—
  - Diphtheria
  - Hepatitis A
  - Hepatitis B
  - Herpes Zoster* 
  - Human Papillomavirus (HPV)** 
  - Influenza (Flu Shot)
  - Measles
  - Meningococcal
  - Mumps
  - Pertussis (Whooping Cough)
  - Rubella
  - Shingles
  - Tetanus
  - Varicella (Chickenpox)
- **Lung Cancer** screening of adults ages 55 to 80 years with a history of smoking
- **Obesity** screening and counseling for all adults
- **Sexually Transmitted Infection (STI)** prevention counseling for adults at higher risk
- **Skin Cancer** counseling for children, adolescents and young adults age 10 to 24 who have fair skin
- **Statin** preventive medication for adults 40 to 75 at high risk
- **Syphilis** screening for all adults at higher risk
- **Tobacco Use** screening for all adults and cessation interventions for tobacco users
- **Tuberculosis Infection** screening for adults at higher risk for infection

COVERED PREVENTIVE SERVICES FOR WOMEN, INCLUDING PREGNANT WOMEN

- **Anemia** screening on a routine basis for pregnant women
- **Bacteriuria** urinary tract or other infection screening for pregnant women
- **Breast Cancer Genetic Test Counseling (BRCA)** for women at higher risk for breast cancer
- **Breast Cancer Mammography** screenings every one to two years for women age 40 and older, including 3-D mammography screenings
- **Breast Cancer Chemoprevention** counseling for women at higher risk
- **Breast-feeding** comprehensive support and counseling from trained providers, and access to breast-feeding supplies, for pregnant and nursing women
- **Cervical Cancer** screening for sexually active women
- **Chlamydia Infection** screening for younger women and other women at higher risk
- **Contraceptives:** Food and Drug Administration-approved contraceptive methods, sterilization procedures, and patient education and counseling, as prescribed by a health care provider for women with reproductive capacity (not including abortifacient drugs). This does not apply to health plans sponsored by certain exempt “religious employers.”
- **Domestic and interpersonal violence** screening and counseling for all women
- **Folic Acid** supplements for women who may become pregnant

*Depending on the Zoster vaccine, it may be covered as early as age 50
**HPV vaccine is currently only FDA approved from ages 9 – 26.

This Flyer applies to non-grandfathered Individual plans and all Group health plans underwritten by Unity Health Plans Insurance Corporation.
PREVENTIVE SERVICES COVERED
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- Gestational Diabetes screening for women 24 to 28 weeks pregnant and those at high risk of developing gestational diabetes
- Gonorrhea screening for all women at higher risk
- Hepatitis B screening for pregnant women at their first prenatal visit
- Human Immunodeficiency Virus (HIV) screening and counseling for sexually active women
- Human Papillomavirus (HPV) DNA test every three years for women with normal cytology results who are 30 or older
- Low-dose Aspirin used as a preventive medication for pregnant women who are at high risk for preeclampsia (after 12 weeks of gestation)
- Osteoporosis screening for women over age 60 depending on risk factors
- Preeclampsia screening for all pregnant women
- Rh Incompatibility screening for all pregnant women and follow-up testing for women at higher risk
- Sexually Transmitted Infections (STI) counseling for sexually active women
- Syphilis screening for all pregnant women or other women at increased risk
- Tobacco Use screening and interventions for all women, and expanded counseling for pregnant tobacco users
- Well-woman visits to obtain recommended services for women age 65 and younger

COVERED PREVENTIVE SERVICES FOR CHILDREN

- Alcohol and Drug Use assessments for adolescents
- Autism screening for children at 18 and 24 months
- Behavioral assessments for children ages 0 to 17
- Blood Pressure screening for children ages 0 to 17
- Cervical Dysplasia screening for sexually active females
- Congenital Hypothyroidism screening for newborns
- Depression screening for adolescents
- Developmental screening for children under age 3
- Dyslipidemia screening for children at higher risk of lipid disorders ages 1 to 17 years
- Fluoride Application to the primary teeth of all infants and children starting at the age of primary tooth eruption
- Fluoride Chemoprevention supplements for children starting at 6 months without fluoride in their water source

- Gonorrhea preventive medication for the eyes of all newborns
- Hearing screening for all newborns
- Height, Weight and Body Mass Index measurements for children ages 0 to 17 years
- Hematocrit or Hemoglobin screening for children
- Hemoglobinopathies or sickle cell screening for newborns
- Hepatitis B screening for non-pregnant adolescents at high risk for infection
- HIV screening for adolescents at higher risk
- Immunization vaccines for children from birth to age 18—doses, recommended ages, and recommended populations vary—
  - Diphtheria
  - Haemophilus influenzae type B
  - Hepatitis A
  - Hepatitis B
  - Human Papillomavirus (HPV)
  - Inactivated Poliovirus
  - Influenza (Flu Shot)
  - Measles
  - Meningococcal
  - Mumps
  - Pertussis (Whooping Cough)
  - Pneumococcal***
  - Rotavirus
  - Rubella
  - Tetanus
  - Varicella (Chickenpox)
- Iron supplements for children ages 6 to 12 months at risk for anemia
- Lead screening for children at risk of exposure
- Medical History for all children throughout development ages 0 to 17 years
- Obesity screening and counseling
- Oral Health risk assessment for young children ages 0 to 10
- Phenylketonuria (PKU) screening for this genetic disorder in newborns
- Sexually Transmitted Infections (STI) prevention counseling and screening for adolescents at higher risk
- Skin Cancer counseling for children, adolescents and young adults ages 10 to 24 who have fair skin
- Tobacco use counseling and education for school-aged children and adolescents
- Tuberculin testing for children at higher risk of tuberculosis ages 0 to 17
- Vision screening for all children

This list was updated April 2018.
For more detailed information on preventive care, visit HealthCare.gov or contact Customer Service at (800) 362-3310.

***Pneumococcal vaccine has age / medical requirements. Dosage, age and populations vary.
Source: https://www.healthcare.gov/coverage/preventive-care-benefits/
This Flyer applies to non-grandfathered Individual plans and all Group health plans underwritten by Unity Health Plans Insurance Corporation.